
EPOS NEWSLETTER

August 2022

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Dear EPOS members, colleagues and friends,



It is my pleasure to share the news of the EPOS in this summer edition of our newsletter.

The highlight of this year was certainly the 40th Annual Meeting in Copenhagen, which was the first “face-to-face” encounter after two years. During the General Assembly the elections of new members of the Executive Committee and other positions within the various committees took place. Please look up the currently updated information on our website <https://www.epos.org/governance>

On behalf of the Executive Committee, I want to thank the Past President Professor Antonio Andreacchio for his great leadership during the last difficult year, which again was overshadowed by the Covid pandemic and recently by the war in Ukraine. Our new President Professor Ignacio Sanpera will continue this challenging task, please find his presidential letter below.

We are looking forward to the next year with many EPOS educational events and the next Annual Meeting in Krakow 2023.

Have a great summer!

Catharina Chiari

Councillor EPOS Executive committee · Contact: newsletter@epos.org

Photo: MedUni Wien/feelimage

Presidential Letter by Professor Ignacio Sanpera

Dear Members and Friends,

It is for me a great honour to write to you all as President



After two challenging years, where two previous Presidents (Thomas and Antonio), demonstrated their courage and ability to lead; the sun is now up again. But this has by no means been easy feat. With the financial and scientific uncertainties that we've gone through, Antonio powered our society on like a true leader. And without the chance to enjoy a proper presidency transfer or to arrange any of the international paediatric orthopaedic meetings, he was never fallen short of kind words of encouragement and always has a smile on his face. Thank you, Antonio!!



Copenhagen, a few months ago, was a reason for happiness. It gave us the chance to realize how alive our Society still is. We should all be proud. Sadly, our joy is somewhat hindered by the ongoing war inside Europe, a world economic crisis, and the spreading problems of famine and insecurity around the world. However, none of this should be an excuse that stops us from working hard for our Society or from improving things. In fact, it should be an encouragement for us to want to do even better.

On that note, I want to give a shout out to Prof. Salih Marangoz and his outstanding work supporting our society's webpage and social media to date. He has gone above and beyond, unfortunately at a very high personal cost too. It is with great pleasure that we announce today hiring professional help and nominating a [new website committee](#), to expand and improve our web resources, crucial for us to communicate to the world.

We are aware that improving work presentations is a huge area of growth for us. For that reason, in early September, we will be running a webinar to give helpful tips for those who want to improve their work presentation skills. **The close data for abstract submissions is October 2.** We highly encourage everyone to enter, but for those for whom this timing is tight, know that we will continue finding ways of helping. We live in an earth that is giving signs of exhaustion, and the global efforts to prevent wasteful resources seem, to this day, insufficient. Probably because many of us think that this is a task of our governments. But if us, as individuals, do not take an active part in this role, we will never succeed. As part of a children society, responsible for the wellbeing of our future generation, we should actively take the lead and search for ways to fight against this. For any suggestions and ideas at an individual and/or societal level you may have, please feel free to submit them to our office by sending an email to secretariat@epos.org

Finally, as the President of our Society, I remind you that our ability to act is curtailed by economic resources. Please do contribute with your annual membership payments as soon as possible to help us make a better society possible.

Looking forward towards our next meeting in Poland.

With my very best wishes,

Yours,

Ignacio Sanpera
EPOS President

40th Annual Meeting in April 2022 Copenhagen, Denmark



Finally, after a couple years of dark years in the shadow and fighting against an invisible virus enemy our Annual Meeting was held in presence in one of the most wonderful and attractive northern cities in our Continent: Copenhagen.

The pre-course on sports medicine, presented by an outstanding world-wide faculty, attracted more than 185 attendees. It covered all aspect of epidemiology, diagnosis and treatment of ACL and other traumatic knee disorders in young athletes. Always more kids and adolescents are involved in sports practice and always more injuries occurs. Many treatments since few years ago were discouraged in children but a new era is coming in this field. Also, more colleagues are interested and involved in this subspecialty.

The meeting itself consisted of 138 oral presentations organized in 30 scientific sessions and 89 e-posters. The sessions were rounded up by 5 industry-sponsored symposia on different topics.

The formats introduced in 2019 such as “the best of the best” and the “fabulous four” have been proven to be very successful.

The best papers and e-poster prizes were also determined and awarded as usual and presented in the closing ceremony. The great quality of the scientific sessions is the result of the perfect selection of the submitted abstracts according to our rules by EPOS Reading Committee led by David Farrington.

We have also maintained all other traditional highlights like “Meet the Mentor”, “Presidential Guest Lecture and “Presidential Transfer”. The Meet the Mentor session was held by Alain Dimeglio. Andrè Kaelin from Geneve, Past President gave an outstanding lecture on the brace in the scoliosis treatment a long talk from the past to the future up-to-date journey through the biology and practical aspects of scoliosis. The Pro Maximis Meritis award was ensigned to another our Past President: Pavel Dungal from Czech Republic. At the end the presidential medallion was transferred to the safe hands of Ignacio Sanpera Trigueros. He took over the presidency with great sense of responsibility.

Our return back to the normality Annual Meeting proved to be very successful. A total of 700 delegates registered. We are very grateful to 21 industry partners who supported EPOS and made the meeting possible and successful.

We have tasted the pleasure to meet each other again in presence, we smelled the friendly atmosphere to share meals together.

nightmare called coronavirus even if some clouds are over our heads due to the situation in a so close Country in Europe: Ukraine.

I am closing by thanking the EPOS: Sanni Hiltunen and Nina Nuernberger for their unlimited dedication to our Society and a special thanks to Elenida Shkarpa tireless manager of our society. I am very grateful to the members of the Board and it' was a pleasure to have each of them besides me. Our PCO OIC made a real great and outstanding job to organize our Annual Meeting and every detail was perfect.

Last but not at least a very special thanks to our local Host Martin Gottliebsen for his warm hospitality and because he made reality a dream and I guess this meeting, the first of the post covid era, will be unforgettable for many members not only for me

Antonio Andreacchio

EPOS Past President 2022-2023

Dear Friends,

It has been an unforgettable experience to be part of organizing the EPOS 2022 – 40th EPOS Annual Meeting in Copenhagen. Our Society has proved to be strong and very much alive after two years of lock down and COVID-19 restrictions making it very difficult to arrange international scientific meetings. In the end this meeting only became so successful because of all the enthusiastic and dedicated people striving to improve care for children. I thank all of you for your support of the meeting. We really enjoyed hosting you and spending time with you in Copenhagen!

A special thanks goes out to the EPOS Board for their support and faith in the Copenhagen meeting. The EPOS office has done an amazing and crucial load of work “behind the scene”. A special thanks goes to Elenida Shkarpa for being a close partner in organizing the meeting. Finally, I send my best wishes to Antonio Andreacchio. I hope you are well and enjoy life after this big task. We started our co-work leading up to EPOS 2022 three years ago. I look forward to meeting you again next year and looking back to what we achieved.

Martin Gottliebsen

EPOS Member, Local Host EPOS 2022 – 40th EPOS Annual Meeting



Antonio Andreacchio



Martin Gottliebsen

EPOS Meets WOW SESSION by Professor Elke Viehweger

This year at the 40th EPOS Annual Meeting in Copenhagen we had the great pleasure to welcome the inaugural WOW Europe symposium.

Women in Orthopaedic Worldwide (WOW) is a collective of leaders within women in orthopaedics that aims to raise awareness of the barriers to equity and inclusion of women in orthopaedic surgery and seeks the engagement & partnership.



WOW alerts that Orthopaedics is still one of the least gender diverse medical specialties in the world with a known percentage of women ranging from approximately 1% in India, 7,6% in the USA, 17% in Sweden and the largest known number, 26,4% in



The intention of the collective is to request leaders in orthopaedics to support the development of societies for women in orthopaedics and encourage their efforts to promote orthopaedic surgery as a career for women in order to increase diversity and equity in orthopaedic surgery.

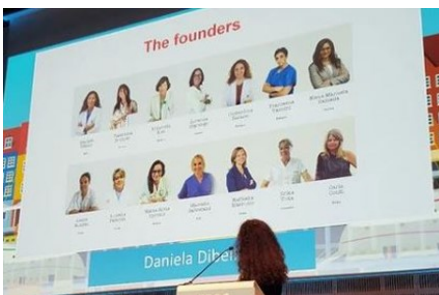
Orthopaedic surgeons of all genders, medical students, non-orthopaedic physicians and even non-physicians that would like to support WOW are welcome and registration is open to all!

As EPOS leadership actively follows the strategic approach to support women's career development and inclusion in EPOS activities, the initiative of Dr. Daniela Dibello, President of WOW Italy to introduce a WOW symposium during the EPOS congress was very positively welcomed and this first symposium was organised under the patronage of Prof. Elke Viehweger, EPOS Secretary General and member of [Swiss Female Orthopedics](#), and Prof. Antonio Andreacchio, President of EPOS.



Camila Bedeschi (Brazil, Norway) opened the symposium with the presentation of the WOW collaboration and the film tracing the history of international female pioneers and leaders in orthopaedic surgery, starting in 1919, and extracted from the WOW symposium "The Past, Present, and Future" Women in Orthopedics Worldwide Symposium (WOW), held on August, 2021 which is [available online from YouTube](#).

Deborah Eastwood (1st and only female EPOS President, 2013-2014) reported in her excellent communication style the experience from the United Kingdom about supporting and encouraging female orthopaedic surgeons, completed by her lifelong experience: real-life situations, questionable decisions or also remarks which may not intentionally be malicious, but which express the lack of understanding from male but also from female individuals. Things are certainly changing, but there is still progress to make. The British Orthopaedic Association publishes also regularly articles on the subject [Knowledge Hub](#).



Daniela Dibello introduced WOW Italy and their very active collaboration and involvement in meetings and symposia to promote the initiative. Numerous surgeons joined in Italy their group and their activities shown are impressive.

During the presentation "Family and Changing Gender Roles of European Pediatric Orthopedists" of

Elke Viehweger, the importance of changing vision of gender roles, but also for employment models are important for the motivation of the incoming young colleagues which are the future of pediatric orthopedics, but also of EPOS.

There is the necessity to be close to our younger colleagues and to know more about their vision. The improvement of the female orthopedist situation is essential, but the inclusion and diversity vision can't be limited to gender. The lack of female leaders is in



networking behavior and also according to the tear of the own courage to take over leadership and what it means professionally and also personally.

In any case EPOS leadership encourages female and all young pediatric orthopedic surgeons to rise the hand, step in working groups and all committees and to join the European Pediatric community.

To complete the international journey, we had the great pleasure to welcome the 2022 POSNA to the EPOS travelling fellowship, all female orthopedic surgeons in this year's session, what a coincidence! Jennifer Marie Bauer (Seattle, USA), Maryse Bouchard (Toronto, Canada) and Jamie Rice Denning (Cincinnati, USA).

The North American experience is important in the mentoring and promoting the work of women in orthopedic surgery, largely supported by the work of the [Ruth Jackson Orthopedic Society](#). Ruth Jackson was first practicing female orthopedist in the U.S. at the University of Iowa. The active work of this society promotes professional development, grants, scholarships, and networking. Also, active mentorship, especially from female leaders this is considered important.

The recent North American programs in the USA and Canada are not focusing only on women, but are establishing real equity, diversity and inclusion action plans like for example at the university of Toronto.



The discussion at the end of the symposium, with the participation of Patricia Fucs (Santa Casa de São Paulo, Brazil, Former Chair of the Pediatric Orthopaedic Committee at SICOT), considered strategies to pursuit with WOW Europe and the proposals for the next European meetings.

Finally, looking back on the symposium and the fruitful exchanges which took place, and at the end of my mandate as General Secretary, I would personally underline that we are all able to act, to progress in accepting diversity and promote young colleagues from all origins.

Acceptance of diversity is essential, but the mission will be totally fulfilled when there won't be necessary anymore to underline gender differences looking at the clinical or academic careers in orthopaedic surgery, when the authorities and administrations accept to include the vision of generational changes in the societies, proposing adapted and flexible career and employment strategies for all of us, women and men.

We are all looking forward to the next WOW Europe Symposium 2023.



Stay at the forefront of Paediatric Orthopaedics with your EPOS Membership!

On behalf of the EPOS leadership and the EPOS Membership Committee, please let us take this opportunity to remind all our members to check for any outstanding membership fees and make sure to settle any open payments until 30 September 2022

To find out about the exact amount due please [just login to your member account](#) and check for the open orders within your account.



We also take this opportunity to remind you once again your unique benefit as an EPOS Member, as follows:

- Be part of a network of European and International peers.

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- Preferential rate for publication in the Journal for Children Orthopaedics
 - [Reduced registration fee for the EPOS Annual Meetings](#)
 - [Eligible to apply for the EPOS Travelling Fellowship in collaboration with POSNA AND SLAOTI](#)
 - [Eligible to apply for the EPOS Research Grants](#)
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EPOS 2023 Annual Meeting



[EPOS 41st Annual Meeting](#) will take place from **29 March-1 April 2023**, in Krakow, Poland. The historical capital of Poland and a vibrant hub of commerce and entertainment. Located in the heart of Europe, with its convenient flight connections and easy access formal around the world, rich cultural life, delicious cuisine, and vibrant life. The meeting will take place in the ICE Kraków Congress Centre, which is one of the most beautiful and best-equipped congress centres in Europe.

Our meeting this year doesn't only aim to educate and advance all aspects of Children's Orthopaedics, but also to engage and empower young paediatric orthopaedic surgeons.

THE CALL FOR ABSTRACTS AND REGISTRATION TO EPOS 2023 ARE NOW OPEN!!
[SUBMIT YOUR ABSTRACT HERE](#)

DEADLINE FOR ABSTRACT SUBMISSION IS **2 OCTOBER 2022**

EPOS 2023 will be a magic and unforgettable congress, STAY TUNED WITH US AND
[REGISTER NOW](#)

REGISTER BY 17 JANUARY 2023 AND BENEFIT OF THE DISCOUNTED FEE

VISIT OUR CONGRESS WEBSITE: <https://epos2023.org>

For any questions please do not hesitate to contact us at epos2023@symposium.pl

Educational Activities: [EPOS webinars](#)

EPOS is delighted to introduce the 3rd Series of EPOS Webinars to the EPOS community with the following schedule until the end of the year.

- The registration for each webinar will open approximately couple of weeks' prior the

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- The replays of past EPOS webinars are available on [EPOS Youtube channel](#)

Upcoming webinars:

Current Standards in DDH Screening

31st of August 2022 | 18:00 CET

Moderator: Renata Pospischill, Austria and Hakan Omeroglu, Turkey

- Hip Sonography according to Graf 2022 – Standards, Techniques, Protocols by Renata Pospischill, Austria
- US examination. When the best timing to screen newborns for DDH? by Maurizio De Pellegrin, Italy
- Graf classification Type 2A: hip immaturity or early onset? by Blazej Pruszczyński, Poland
- Graf classification Type 2A: to treat or not to treat? by Bettina Westhoff, Germany
- Turkey – nationwide results of a general screening by Hakan Omeroglu, Turkey
- Clinical, selective or general screening? What is the best? by Renata Pospischill, Austria
- Discussion

[Register here](#)

How to write a winner paper?

7th of September 2022 | 17:00 CET

Welcome by Ignacio Sanpera

Geographical considerations

Moderator: *TBC*

- EPOS perspective by Andreas Roposch
- POSNA perspective by Michael Millis
- The far side by Peter Cundy

Discussion Personal considerations

Moderator: David M. Farrington

- Don't give up by Cristina Alves
- I think it's a winner by Franck Accadbled
- How to hit the jackpot by Federico Canavese
- Discussion

[Register here](#)

22nd October 2022 | Time: TBC

Details & registration: available in Autumn

Current standards of conservative treatment for scoliosis

26th of October | 18:00 CET

Preliminary Scientific Programme:

Chair: René Castelein

- Growth prediction with regards to scoliosis (Risser, Sanders, thoracic height...)
- Different types of braces, night-time or full-time?
- Current evidence of bracing (age, when to wean it, how long/how many hours, BrAISt study)
- Evidence for physiotherapy (Schroth etc.)
- Conclusion, take home messages and Q and A

Registration: available in Autumn

Rare Bone Diseases: what are we missing during diagnosis? New reality check for Fibrodysplasia Ossificans Progressiva (FOP)

December | Date & Time: TBC

Supported by Ipsen, Sustaining Partner of the webinar

Details & registration: available in Autumn

For further information, please visit:

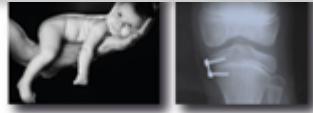
<https://www.epos.org/3rd-series-of-epos-webinar--2022-2023->

If you need any further information or would like to be included in the EPOS Webinar mailing list, please do not hesitate to email courses@epos.org.

Educational Activities: Courses

EPOS is proud to inform that the onsite events including courses are back, and that the following courses have been scheduled:

- **12-14 October 2022**
7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY Part I
Venue: Orthopaedic Speising Hospital, Vienna, Austria
[Temporary Scientific Programme](#) • [Course Registration](#)



7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY PART I
Paediatric Orthopaedics Basic Course

Vienna, Austria: 12-14 October 2022

Registration fees**:

Early registration fees incl. 10% Austrian VAT

(valid until Sunday 18th of September):

Participants EUR 500.00 • EPOS members* EUR 400.00 • Residents* EUR 350.00

Late registration fees incl. 10% Austrian VAT

(no onsite registration possibility and valid as of Monday 19th of September):

Participants EUR 550.00 • EPOS members* EUR 450.00 • Residents * EUR 400.00

Course dinner: EUR 40.00/pp

* Proof needs to be uploaded depending on the registration category chosen

* Coffee and lunch during the course are included in the course fee. Transportation such as flights, accommodation, airport transfers, dinners etc. are at the participants' own expense.

- **Next EPOS BAT IC TRILOGY Courses:**

- 15-17 March 2023: 7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY Part II

- October 2023: 7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY Part III

For further information: Please regularly check <https://www.epos.org/bat-courses> for the latest updates concerning the EPOS BAT Trilogy courses.

- **25-26 November 2022**

EPOS ADVANCED COURSE – PEDIATRICS HAND AND UPPER EXTREMITY SURGERY

Venue: Orthopaedic Hospital Speising, Vienna, Austria

Registration: will open during summertime

The course is aimed at paediatric orthopaedic surgeons, residents and fellows who want to improve their understanding of paediatric hand and upper extremity surgery. Several renewed experts in the field will deliver multiple lectures addressing all aspect of hand upper extremity pathologies, including diagnosis, surgical treatment and management of complications. The program will include congenital, posttraumatic deformities and obstetrical brachial plexus palsy topics.

- **26-28 January 2023**

EPOS ADVANCED COURSE – LOWER LIMB DEFORMITY COURSE

Venue: Orthopaedic Hospital Speising, Vienna (Austria)

Registration: Will open in autumn 2022

This event is aimed at paediatric orthopaedic surgeons, residents and fellows who want to improve their understanding and skills in lower limb deformity

management or complications for common and rare paediatric deformities. The program will include congenital, posttraumatic and metabolic deformities. Please regularly visit <https://www.epos.org/education> for any updates concerning EPOS Educational Activities.

- **11-13 May 2023**
EPOS ADVANCED COURSE – PAEDIATRIC SPINE SURGERY

Please regularly visit <https://www.epos.org/epos-bat-advanced-courses> for the latest updates concerning EPOS Advanced Courses.

Covid-19

EPOS encourages the course attendees to regularly to check the website [Covid updates in Austria](#) for any updates concerning entry requirements in Austria and for the latest COVID rules which apply in Vienna. EPOS will inform the registered participants about the latest COVID requirements which might apply in the course venue if that is necessary.

Educational Activities: [EPOS Research Grants](#)

The [CALL for applications](#) is now OPEN! The deadline is 30th of September 2022!
FOCUS: Clinical and Basic science research in the field of Pediatric Orthopedics.

DESCRIPTION: A broad range of research areas will be considered for the EPOS Research Grant, including patient-based studies, clinical and basic science research and clinical studies. Multi-centre and society-wide projects will be favoured. Pilot projects, research with pre-existing funding that may need supplemental support, as well as complete research proposals will be considered for funding. Clinical relevance must be clearly noted in the abstract and specific aims and be obvious from the title and study design.

Please submit your application to researchgrants@epos.org
For further details including eligibility, criteria etc., please [visit the dedicated webpage](#)

Educational Activities: [Travelling Fellowships](#)

Due to covid-19 pandemic, EPOS Travelling Fellowship Programmes in collaboration with POSNA and SLAOTI were on hold for more than two years.

EPOS-SLAOTI Travelling Fellowship 2022

We are finally initiating the fellowships and the *EPOS-SLAOTI Travelling Fellowship* which was initially planned to take place in autumn 2020 has now been re-scheduled and will take place in autumn 2022. The three fellows have been selected and confirmed before the pandemic and therefore no new applications for this fellowship are accepted. The selected fellows are:

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- Lorenza Marengo from Italy
 - Christiaan van Bergen from the Netherlands

Congratulations to the selected fellows!

EPOS-POSNA Travelling Fellowship

Concerning the next *EPOS-POSNA Travelling Fellowship*, EPOS together with POSNA is currently in discussion on the details.

For the latest updates concerning EPOS Fellowships, we would encourage you to regularly check the [EPOS webpage](#) or contact us via email fellowships@epos.org.

visit our website



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